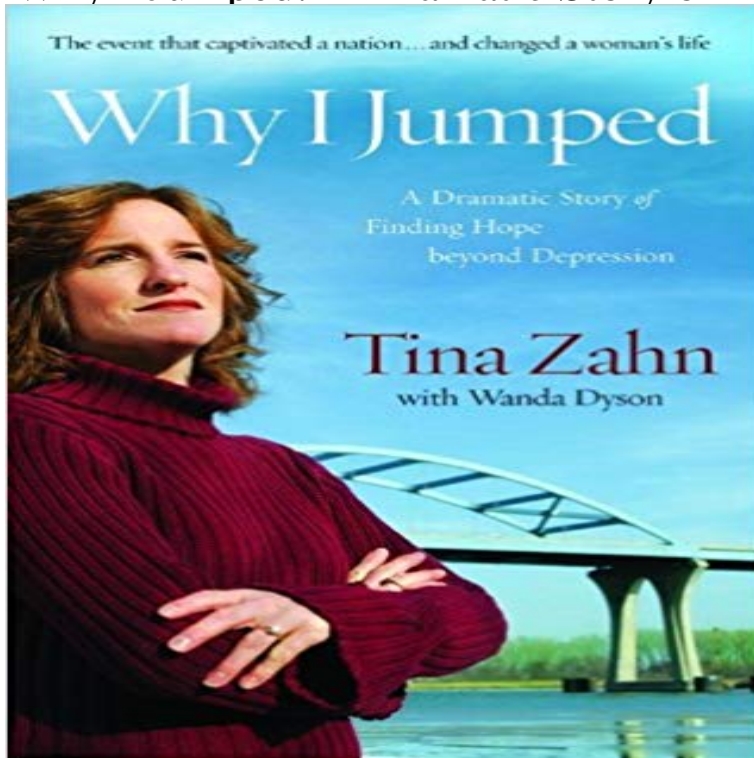


## Why I Jumped: A Dramatic Story of Finding Hope beyond Depression



On July 19, 2004, an amazing story, accompanied by incredible police camera video footage, broke across network and cable news programs. After a high-speed chase to the top of Leo Frigo Memorial Bridge in Green Bay, Wisconsin, a young woman stopped, stepped out of her car, walked to the edge of the bridge--and jumped. State trooper Les Boldt raced over, thrust out his hand, and in a miracle of timing and determination, snagged the woman's wrist as she started the plunge. Other officers ran to his aid, and they pulled the woman to safety while the on-dash police cam captured the action. That woman on the edge was Tina Zahn, and in *Why I Jumped* she tells her story. In this gripping book, now available in paperback, Zahn gives readers a look at what led to such severe depression that suicide seemed the only answer. Readers won't be able to put down this powerful true story of crippling depression, dramatic rescue, and a return to hope.

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